

The Wembley Club

Aqua Fitness Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 9-6	Open Swim 8-8	Open Swim 8-8	Open Swim 8-8	Open Swim 8-8	Open Swim 8-8	Open Swim 9-7
		Water Aerobics 8:30AM-9:30AM Maggie	Water Aerobics 8:30AM-9:30AM Maggie	Water Aerobics 8:30AM-9:30AM Maggie	Water Aerobics 8:30AM-9:30AM Maggie	Water Aerobics 9-10AM Penny
		Water Aerobics 5:30-6:30 Penny		Water Aerobics 5:30-6:30 Penny		

FREE CHILDCARE FOR FAMILY MEMBERSHIPS! : MONDAY THROUGH SATURDAY FROM 8AM-12PM

FITNESS MEMBERSHIP: \$125 FOR INDIVIDUAL/\$208 FOR FAMILY

INCLUDES: ALL GROUP FITNESS CLASSES, ALL AQUA FITNESS CLASSES, ACCESS TO THE POOL
INDOOR/OUTDOOR, PADDLE, USE OF OUR FITNESS/GYM FACILITY, FREE CHILDCARE FOR FAMILY, INCLUSION IN
SOCIAL ACTIVITIES, DISCOUNTS FOR TUTORING AND CAMP

Questions?? email: Beth@Wembleyclub.com, Swim@Wembleyclub.com